

YARE BOAT CLUB

River Yare
Norwich



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Saturday 27th September 2014

10.30 am First Division

Masters Men & Women (handicapped times): 4x-, 4+, 4-, 2x, 2- (age cat E-J); also 1x (age cat A-D)* see below

Men: 2x, 2- (any status); also 1x (Eli, IM1, IM3)

Women: 4x-, 4+, 4- (any status); 1x (WELi, WIM1, WIM3)

Mixed: 2x (IM3)

Juniors: 4x- (WJ15 and above); 2x (J16, WJ16, J14, WJ14,

Mixed J14); 1x (J17, J15, WJ17, WJ15) **

1.30 pm Second Division

Masters Men & Women (handicapped times):

4x, 4+, 4-, 2x, 2- (age cat A-D); 1x (age cat E-J)

Men: 4x-, 4-, 4+ (any status); 1x (Sen, IM2, Nov)

Women: 2x, 2- (any status); 1x (WSen, WIM2, WNov)

Mixed: 4x- (Eli, Nov); 2x (Eli)

Juniors: 4x- (J15 and above); 4x+ (J14, WJ14, Mixed J14);

2x (J17, J15, WJ17, WJ15); 1x (J16, J14, WJ16, WJ14) **

Prizes awarded in each class with 2 or more entries & 2 or more racing.

Competitors may be moved to a higher category, dependent upon entries.

Please indicate if you are NOT willing to be moved.

ENTRY FEES £10 per seat paid in advance (excluding cox) or £12 on the day.

Entries & payment via BROE, or on BR form with cheque by post to:

Entry secretary: David Wynne, Woodside, 7 Old Rectory Close, Thorpe St

Andrew, Norwich NR7 0PY, Mobile: 07717 294896, Email: wynnerowing@aol.com

Cheques payable to 'Yare Boat Club' **Entries close 6pm Monday 22nd September.**

A free simple lunch will be provided for all competitors at the Yare Boat Club.

In addition there will be a barbecue and cake stall.

The Head Race is run under British Rowing Rules, with adherence to Row Safe, BR Rules of Racing will apply.

Immediately following each division will be a local recreational event to enable beginners and "Never Raced Before" to sample competitive rowing. Entries to David Wynne. Fee £10 per seat.

Entries are invited in the following boat types: stable single, stable double, coxed stable quad, fine quad with one experienced steersperson in the crew. Please download an entry form from the Yare Boat Club web site and state boat type.

* Please note: the Norwich Masters Sculling Ladder times will be set from this division, so ladder participants should enter this division, irrespective of their age category.

** See Yare Boat Club web site for further conditions.

"The Yare Cup Head of the River Race is organised by Yare Boat Club of Norwich, a Community Amateur Sports Club, that applies any surplus on the event to further the sport of rowing."



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