

THE NORFOLK SCULLS

River Yare, Norwich. Organised by Norwich Rowing Club

SATURDAY 8th NOVEMBER 2014

2 DIVISIONS

Long Course – 4200 upstream
Bramerton Green – Whitlingham Green

Short Course- 2100 Upstream
Postwick Straight-Whitlingham Green

Under British Rowing rules and Water Safety Code

Norfolk Sculls Shield awarded to fastest SINGLE sculler in the Long Course Division 1
*Team Prize awarded to fastest 4 single scullers from 1 club in Long Course Division 1
Short Course is for JUNIOR J15 and NOVICES.

Division 1

Short Course: 10.45am

MEN: 1x, 4x, 4x+
WOMEN: 2x, 4+
MIXED: 2x, 4+, 4x+
All above as Novice, Veteran Novice
or J18 and below (state age
category)

Long Course: 11.00 am

MEN AND WOMEN:
1x: ELI, IM2, IM1, Nov, J18, J17, J16
Masters: Any age
4x and 2x: Nov, IM2, SEN
Masters A, E, F
4+/4-/2-: Nov, IM2, SEN, Mas A, C, E, G
MIXED: 2x and 4x: IM3, SEN

Division 2

Short Course: 2.00pm

MEN: 2x, 4+
WOMEN: 1x, 4x, 4x+
MIXED: 4x,
All above as Novice, Veteran Novice
or J18 and below (state age
category)

Long Course: 2.15pm

MEN AND WOMEN:
1x: IM3, SEN, Masters: Any age
4x and 2x: IM3, IM1, ELI, J18,
Masters B, C, D, G
4+/4-/2-: IM3, IM1, ELI, J18, Mas B, D, F, H
MIXED: 2x and 4x: IM2, IM1, ELI, J16-J18

Short Course: The Short Course is run over part of the Long Course. The finish is the same for both courses. It is run in conjunction with the Long Course, Therefore there can be **NO BOAT SHARING BETWEEN THE LONG AND SHORT COURSES FOR EACH DIVISION.**

A prize will only be given to a winning crew for a category with at least 3 competing entries.
The committee reserves the right to move competitors up a category if entries in one are insufficient.
For competitors racing outside their correct division, a *time only* will be given.

Entry fee £10.00 per seat- £12 on the day

BROE entries and payment preferred

- Sarah Lister, 33 Bell Road, Norwich, NR3 4RA
 - 07881 911800 nrcentries@gmail.com www.norwichrowingclub.co.uk
- Cheques payable to "Norwich Rowing Club"

Entries close 8.00pm Saturday 1st November 2014

